

FITTER AT 40 THAN 20: FROM FLAB TO ABS

More

40+ BEAUTY GUIDE

SMART TALK FOR SMART WOMEN

SKIN SAVERS, MAKEUP TRICKS, SURGERY-FREE SOLUTIONS FOR YOU

RECESSION PROOF YOUR WARDROBE 6 Chic Tips

YOUR CHILL-OUT

MICHELLE OBAMA

at 44

"This might be a confusing journey if I were 30, but now I'm more comfortable with who I am."

raises some McCain
D searches for perfect breasts
yaks in Mongolia

Make the Most of Your Looks

To Lift Very Saggy Skin

Few treatments (short of a face-lift) are more effective at raising droopy skin than Thermage...

Deep-heat procedures may also be used on the neck and hands, and Thermage has recently developed a version for the eyes (some doctors swear the results rival those of an eye-lift). For

Thermage, you can expect to pay \$1,000 to \$5,000 per treatment, and one session is typically enough.

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thermage®