

# InStyle

**Boots  
Bags  
Shoes**  
*at every price*

**SEXY  
JEANS**  
**For Your Body Type**

**MEG'S  
BACK!**  
And She's Finally  
Telling All

**14 KEY  
PIECES**  
You'll Wear Now  
And Forever

**BEAUTY  
PRODUCT  
SECRETS**  
Nobody Ever  
Tells You

## No Scalpel Required

### Knees

Leg lifts can tighten the muscles around the knee, but they won't do anything about the saggy, wrinkled skin holding them in place. To eliminate that wrinkly effect, doctors use...

radio frequency treatments like **Thermage** (starting at \$1,750 for the one session required). Both use high-energy waves to heat the internal layers of the skin, causing them to contract as they cool. The result: smoother, tighter knees for up to three years—and no downtime.

page 386

thermage® 